



Enigma

July 2024 - Vol.1

Maternal and Child Health Month

Rotary's area of focus on Maternal and Child Health aims to reduce maternal and infant mortality rates and improve access to essential medical services. Efforts include prenatal care, immunizations, nutrition, and health education. By supporting local health systems and providing critical resources, Rotary helps ensure healthier futures for mothers and children worldwide.

TO NEW BEGINNINGS

Catch updates from
the incoming and
outgoing Presidents





RI President Stephanie A Urchick July's Message

Rotary is at its best when we foster a sense of inclusion and belonging in our clubs. In fact, I would go so far as to say that belonging is The Magic of Rotary itself. With a focus on inclusivity and belonging, it is easier to be united in a common purpose. When we are committed to one another and focused on our goals, we are most effective. Rotary's Action Plan can help. The Action Plan comes with tools you can use to collect feedback, assess your club's strengths and weaknesses, and address challenges.

The world is changing, and our clubs can't afford to stand still. But the changes we make need to be consistent and strategic — building on one another toward a greater vision. The Action Plan can help you work toward that vision and create effective change within your club. Following the Action Plan and addressing suggestions from the community will go a long way to fostering the sense of belonging we want all Rotary members to feel in their clubs.

That's why expanding our commitment to diversity, equity, and inclusion is so important.

Committing ourselves to each other's well-being is the first step to expanding our reach, allowing us to spread Positive Peace in these troubled times.

Peacebuilding is one of our top priorities, and one of the most effective ways we can build peace is with our Rotary Peace Fellowships, through which peace and development professionals learn how to prevent and end conflict.

We offer the fellowships through our Rotary Peace Centres at leading universities around the globe, where more than 1,800 Rotary Peace Fellows have graduated. And thanks to a \$15.5 million gift from the Oo and Fran Walter Foundation, we can continue supporting peacebuilders in more regions with the next peace centre at Bahçeşehir University in Istanbul.

Opening another peace centre is a monumental achievement, and it is my great honour to invite you to celebrate at next year's Rotary Presidential Peace Conference at the Istanbul centre. The three-day conference 20-22 February will highlight the many ways our



family of Rotary advances peacebuilding. Registration for the conference is officially open. I hope to see you there.

The 2025 Rotary Presidential Peace Conference has great potential for our peacebuilding efforts — but only if we have your support.

The truth is, we're not going to bring peace to the world, end polio, or grow membership by waving a wand and saying some funny words. It's up to you. You create the magic with every project completed, every dollar donated, and every new member inducted. I love my Rotary family and I know you do too. That's why I know that together, we can make every club and district simply irresistible. This year, let us change the world by embracing The Magic of Rotary





RCBK President 2023 -24 Message

Dear RCBK family and friends of Rotary,

Ann BhagyaLakshmi joins me in conveying our greetings to you and your family members!

As I conclude my term as the 39th President of the Rotary Club of Bangalore, I find myself filled with immense pride and gratitude. Chartered in 1986, our club has a rich legacy of service and camaraderie, and it has been an honor to lead such a dedicated and passionate group of individuals this past year.

A Triumph of Togetherness

One of the most heartwarming aspects of this journey has been the overwhelming success of our club services. Our meetings have seen large gatherings, a testament to the vibrant spirit and commitment of our members. Each gathering has not only strengthened our bonds but also invigorated our collective mission. The enthusiasm and energy brought to every event have been nothing short of inspiring.

Making a Difference

Our community service initiatives have truly embodied the essence of Rotary's motto, "Service Above Self." This year, we have impacted thousands of lives, extending help and hope to those in need.

Whether it was through health camps, educational support, or various outreach programs, our efforts have made a tangible difference in our community. The smiles and gratitude we have received are the most profound rewards of our endeavors.

Creating Hope in the World

Guided by the theme "Create Hope in the World," we have strived to be beacons of hope and positivity. Each project and initiative we undertook was driven by this overarching goal. From environmental sustainability programs to vocational training and empowerment of the underprivileged, we have worked tirelessly to foster hope and build a better future for all. Our collective efforts have indeed created ripples of change that will be felt for years to come.

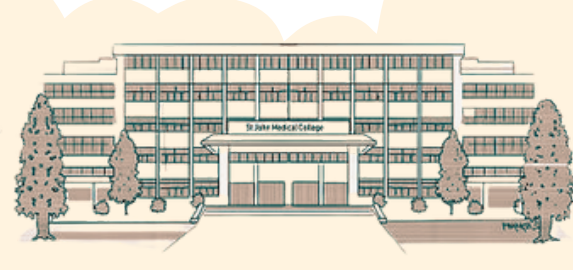


Gratitude to Our Members

None of these achievements would have been possible without the unwavering support of every RCBKite. Your dedication, hard work, and generosity have been the backbone of our success. I extend my heartfelt thanks to each one of you for your contributions, big and small. Together, we have not only met our goals but surpassed them, setting a new benchmark for our club.

As I pass the baton to the next president Rtn. Anuradha Biswas, I am confident that the Rotary Club of Bangalore will continue to soar to new heights. Let us keep the spirit of Rotary alive, always striving to make a positive impact in the world. Thank you for the privilege of serving as your president. Here's to many more years of fellowship, service, and making a difference.

Yours in Rotary,
M. Raja - President 2023 -24





RCBK President 2024 -25 Message



As we at RCBK embark on our 40th year, the Magic of Rotary begins with zeal! I extend my heartfelt gratitude to my RCBK family for trusting me with their vision for the Club and entrusting me with the honour of serving as President. I am fortunate to have a strong committee standing by me to shape our collective dreams.

I seek support from each member of RCBK, District leaders, partner clubs, execution partners to help create more magic.

Every life nurtured, every tree planted, every woman empowered, every deprived child supported, every lake rejuvenated, every girl child educated, every remote village developed, every drop of water saved, every dream cherished- all these efforts collectively make magic on our Mother Earth!

“Sarve janaha sukhino bhavantu”

Team 2024-25

Rtn. Anuradha Biswas, President

Rtn. Raja M, Immediate Past President

Rtn. Manoi Devarajan, President Elect

Rtn. Kumud Sharma, Secretary

Rtn. Sreekumar Meethalevital, Treasurer

Rtn. Ganesh Prabhu, Joint Secretary

Rtn. George Selvam, Vice President

Rtn. Viquas Mahamood,
Director - Club Service

Rtn. Murali Krishna,
Director - Community Service

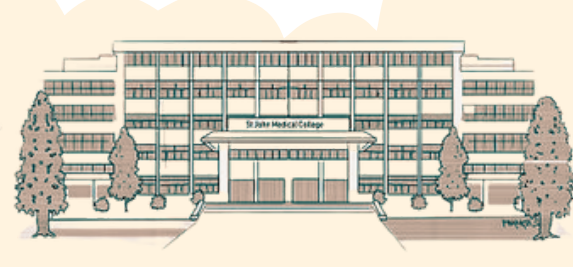
Rtn. Sasmita Bebortha,
Director - Vocational Service

Rtn. Vedantha Desikan
Director -International Service

Rtn. Sumit Anand
Director - Youth Service

Rtn. Santosh K, Sergeant at Arms

Rtn. Jayashree, Chairperson DEI





MATERNAL AND CHILD HEALTH



Rotary's area of focus for July 2024 on Maternal and Child Health is pivotal in addressing global health disparities and enhancing the well-being of mothers and children. Rotary aims to significantly reduce maternal and infant mortality rates and improve overall health outcomes.



Supporting pregnant mothers involves more than just medical care; it encompasses emotional and psychological support. Rotary works to provide comprehensive maternal health services, including mental health support to address issues like prenatal depression and anxiety etc.



Prenatal care is a critical component of maternal and child health. Rotary supports initiatives that provide comprehensive prenatal care, including regular check-ups, ultrasounds, and screenings for potential complications.

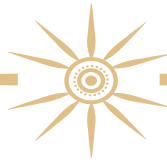


Rotary's infant care encompasses a range of interventions designed to give newborns a healthy start in life. This includes promoting breastfeeding as the optimal nutrition source for infants, providing immunizations to protect against life-threatening diseases

"Every child deserves a chance at a healthy start."

Maternal and child health is crucial for healthy beginnings and long-term well-being. Proper prenatal care, including check-ups, nutrition, and education, reduces complications during pregnancy and childbirth. Access to quality healthcare lowers mortality rates by providing skilled birth attendants and neonatal care. Investing in children's health with nutrition and medical care leads to better educational outcomes and economic stability. Supporting maternal mental health and empowering women through health services strengthens communities and breaks the cycle of poverty.





Happy birthday!

3rd July - PE Rtn. Manoj

4th July - PP Rtn. Anil

9th July - Rtn. Narsimha

12th July - Rtn. Pintoo

15th July - Rtn. Dr. Bharathi

27th July - Rtn. Dr. Ravikumar



Events JULY

5th July - Cyber Security and prevention of sexual Harassment

10th July - Installation Night

12th July - Good touch and bad touch

13th July - A Workshop on Dental and General Hygiene at the Government School

19th July - DEI Field Trip to Association of People with Disabilities

19th July - Speaker meet : Conquering the Dengue Monster & Senior care tips by Dr.Raghavendra General & Geriatric Specialist

26th July - Kargil Vijay Diwas (Virtual Meet) - Joint Club Meeting with Major General Yash Mor

28th July - Heart Smart - Your Path to Wellness (Specially curated Cardiac Health Workshop)

